



# Level - 2 Emergency First Aid at Work (UK)



## CIEH FIRST AID

### Championing Health & Safety

CIEH Level 2 Award in Emergency First Aid at Work teaches the theoretical and practical skills necessary to deal with first aid emergencies. Candidates are taught about personal safety, the best methods to assess an incident, how to record and report on an incident, what to keep in your first aid kit and the legislation associated to first aid and first aiders.

The course also provides an opportunity for learners to physically try the practical techniques.

#### Career Opportunities

- First aider
- Safety officer
- Safety engineer
- Medical officer
- Doctor & Nurse

### Emergency First Aid at Work

First aid at work covers the arrangements an organisation should make to protect employees by preventing accidents and injuries that can save lives and prevent minor injuries becoming major ones.



#### Course Eligibility

Emergency First aid at work is recommended for First aiders working in lower-risk work environments:

- Members of fire Team (Marshall / Warden)
- Security Personnel
- Back up personnel for Occupational First Aiders
- Manager/ Supervisor with health and safety responsibilities
- Emergency response team members

#### Course Overview

Candidates are introduced to:

- Roles & responsibilities of a first aider
- Legal requirements for first aid provision
- Importance of accurate incident reporting
- Introduction to first aid equipments and its safe use
- Need to minimize risks of infection
- Importance of incident assessment
- Undertaking primary survey
- Introduction to when and how to call for help

#### Course Syllabus

- Roles & Responsibilities
- First-aid Incidents
- Unconscious Casualties
- Cardiopulmonary Resuscitation
- Choking
- Bleeding
- Shock
- Minor injuries

#### Assessment Method

- Practical assessment
- In the practical assessment, candidates will be tested on the elements of:
  - Recovery Position
  - Cardiopulmonary Resuscitation
  - Choking
  - Bleeding
  - Shock
- MCQ based Examination

**Course Duration:** 1 Day